

Dance Steps

~~Fall 2010~~

Sat. 10 AM  
Ballet

10 AM class – song “Halo” – Ballet

1) Chorus:

- Echappes - 2x
- Changement – 2x
- Bourre forward
- Pt. R toe in front

- 2) Repeat Part 1 (Chorus) above 3x
- 3) Pique turns S.R. - 4
- 4) Bourre S.L. with butterfly arms
- 5) Rond de jambes Right, plie, point R toe in front, scoop arms forward and up, contract
- 6) Bourre S.R., with butterfly arms
- 7) Repeat Part 1 (Chorus)
- 8) Bourre S.L. – arms go quickly from low to high, freeze pose high

Bourre S.R. - pose medium

Bourre S. L. - pose low

- 9) Repeat Part 1 (Chorus)
- 10) Fouettes 4x
- 11) Bourre, Backstroke arms into lunge
- 12) Plie, point R toe in front, cross ballet hands over heart

stopped 4/16/16

Variations for 10:50 and 11:50 AM classes:

- △ Instead of Echappes, jump out into 2<sup>nd</sup> position, then back into 1<sup>st</sup> position
- △ Instead of pique turns, do chene turns
- △ Instead of fouettes, do twirls with arms swirling overhead

Paper Moon

— Sat 10:00 AM

Tap

**Verse 1:**

Tap R toe out and in, make moon shape with R arm on “paper moon”

Make sea waves with R arm on “cardboard sea”

Tap L toe out and in and point out on “you” and to self on “me”

Tap R toe out and in and open hands on “canvas sky”

Make R arm into tree shape on “muslin tree”

Tap L toe out and in and point out on “you” and to self on “me”

**Chorus:**

Toe heels going forward 4 x on “without your love”, pointing downward with R index finger, then left on “honky tonk parade”

Toe heels going backward 2x

and put penny in the arcade slot with R toe lunging out to R on “penny arcade”

Both toes out and in with hands out, fingers spread (“jazz hands”) on “Barnum and Bailey world”

Point to “you” and “me”

**Repeating Verse 1:**

F-laps in large circle and repeat Verses 1 and 2 while f-lapping in circle

Repeat **Chorus**

Then: Open up with R arm up, L arm down, L toe pointed side on “wa-ah”

Ice skating turns R and L

Shuffle steps R and L

Final formation – older students in one line from tallest to shortest, airplane arms going opposite directions

Preschool students in final airplane arm poses spread out all over the room

# Weds. 5 pm Class Choreography

## Roar (Lyrical Ballet)

*Set 10 AM  
Ballet*

### VERSE 1:

#### Group 1

Enter with developpe R leg, L leg for 2 counts of 8  
Rock the boat, side to side  
Lunge, sit and nod and freeze

#### Group 2

Developpe R and L leg, lunge  
Backstroke, freeze with R toe pointed back

#### Group 1:

Go down, Go up, brush off dust

#### Group 2:

Lean in with R hand to R ear

#### Group 1:

Lunge, lean in with L hand to L ear

#### Group 2:

Shake all over, freeze

#### Group 1:

Shake all over, freeze

#### Group 2:

Go down, go up, e-chappe out

#### Group 1:

Pique turn S.R. 2 times

### CHORUS:

#### Group 1:

Swirl Turn L, then swoop back R, chasse  
Leap (Jete)

#### Group 2:

Plie in 2<sup>nd</sup> position on "Champion"  
Tour jetes on "you're gonna hear me roar!"

Repeat CHORUS and now Group 1 does Group 2's part, and Group 2 does Group 1's part

On "Oh oh oh oh" section, Run around all over the room and regroup, hands shaking down and out, fingers spread

Piques S. R. 4x

Lunge at audience and "roar," freeze and hold pose, R toe pointed back

**VERSE 2:**

**Group 1:**

Bourre S.R. with butterfly arms

**Group 2:**

Low grande plie in 2<sup>nd</sup> position on "zero"

**Group 1:**

High releve in 5<sup>th</sup> position on "hero"

**Group 1:**

Go down, Go up, brush off dust

**Group 2:**

Lean in with R hand to R ear

**Group 1:**

Lunge, lean in with L hand to L ear

**Group 2:**

Shake all over, freeze

**Group 1:**

Shake all over, freeze

**Group 2:**

Go down, go up, e-chappe out

**Group 1:**

Pique turn S.R. 2 times

Repeat CHORUS

Bridge: (Roar section)

Chene turns Group 1 4x S.R.

Pique turns Group 2 4 x S.L.

End in large triangle formation

Repeat CHORUS with ALL dancers doing all parts from Group 1 and Group 2

Free Time – Pirhouettes and Fouettes

Move into final ice scupture pose using bourre toe touches  
Freeze in final ice sculpture pose

- 1 foot spin

- tendues

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